



Enhanced External Counterpulsation treatment patient selection for general physicians presented in Indian medical association, North Chennai Chapter Venue –Vestin Park, Chennai

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(Vaso-Meditech Pvt Ltd Exclusive distributor and clinical support for EECP in India)

Indian Medical Association North Chennai in association with **Vaso-Meditech Pvt Ltd** organized a CME meet on **EECP** treatment for refractory angina and heart failure” at Hotel Vestin Park Egmore, Chennai on March 01/2009.

IMA members from the field of medicine, cardiology, surgery and others eminent doctors attended the meeting. **Vaso-Meditech Pvt Ltd** plan for national level survey and documentation to assess the value for arterial stiffness in normal population and in patients with cardio vascular risk factor like diabetes and hyper tension were discussed during the event.

Dr.S.Ramasamy EECP consultant Frontier Life line Hospital discussed the role of EECP treatment in Refractive angina and heart failure. He told that the efficacy of EECP in treating angina and heart failure has been demonstrated in many clinical studies and it is widely accepted in western countries. The beneficial effects are maintained over a period of 4 to 5 years. The procedure is relatively safe in terms of morbidity and mortality.

Dr.S.Ramasamy shared all the relevant clinical data in support of EECP treatment. During the open discussion forum doctors had interactive session on the treatment and patient selection.

Dr.S.Ramasamy claimed that an international registry is also being maintained in Pittsburgh University in USA and records show consistent improvement in patients’ clinical status right across the spectrum of coronary artery disease. The benefits occurred have been attributed to improvement in haemodynamics and heart pumping function. The patient has to undergo 35 one hour sessions.

Dr. Mohan MD, M.K. Nursing Home, **Dr. Jayachandran** MD, and **Dr. Rohit** MD,MS from Rohit Hospital , **Dr. Parthasarathy**, were present in the meeting along with other members.

At the end of the session Doctors enthusiastically witnessed the demo for assessing central blood pressure and arterial aging with **SphygmoCor** instrument. **Dr.S.Ramasamy** added



that assessment of central blood pressure and arterial stiffness will be more helpful in drug therapy and prevention of early damage to the arteries in patients with cardiac risk factor.

Mementos were presented to IMA secretary **Dr. Sanjay** and **Dr. Ramasamy** for their effort to create an interface for such interactive presentation on non invasive treatment for cardiac ailment heart failure.



Dr.S.Ramasamy giving a speech in Indian medical association, North Chennai Chapter

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