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## **World Heart Day Celebration in Gov General Hospital Chennai with Focus of Preventive Cardiology & Central Blood Pressure**

**Press Release Chennai Sep 30<sup>th</sup> 2013. (Vaso-Meditech Pvt Ltd, exclusive distributor and clinical support for SphygmoCor Central Blood Pressure Measurement in India)**

World Heart Day was celebrated at Rajiv Gandhi Government General Hospital Chennai, on sep 27<sup>th</sup> 2013. Honourable Health Minister K. C. Veeramani, Dr. V. Kanagasabai, Dean of Madras Medical College, Dr.V.E.Dhandapani, Prof and Head of the department of Cardiology Dr.S.Ramasamy Director of Vaso-Meditech Pvt Ltd who assisted the Hypertension trial based on Central Blood Pressure in Gov General Hospital participated in the function which is organized by the Cardiology Department of Gov General Hospital Chennai.

Dr. V. Kanagasabai, Dean of Madras Medical College, Sharing the hypertension trial data on the sidelines of World Heart Day celebrations state, "Cardiac Patients from the lower strata of the Government Hospital and survey results exposing central blood pressure among the working class, prove that many of them have been following a sedentary lifestyle, eating fast foods and unhygienic oily foods.

Similarly Health minister K. C. Veeramani emphasized, stress and cholesterol which are usually found among IT professionals and well-to-do people is now evident among laborers, proving that lifestyle diseases have started targeting people of all walks of life.

The Result of a Pilot study carried out with SphygmoCor device to access the Central blood pressure in patient was announced by Dean Dr. V. Kanagasabai on World hypertension day. The conclusion was made after screening 5156 hypertension patients. **It is pointed out that the study reveals 18 percent (950) of the people showed results of increased central blood pressure but showed normal peripheral blood pressure.**

This study reveals the importance of measuring Central blood pressure in these groups of patients who comes for hypertension management in Government General Hospital. Central Blood pressure is actual pressure experienced by the major organs like Brain, Heart and Kidney which are the target organs damaged by elevated Blood pressure. Elevated blood pressure will damage these organs. Prediction of adverse cardio vascular disease such as stroke, heart attack, renal failure etc is possible by knowing actual arterial stiffness and elevated Central Blood Pressure in advance is emphasized by Dr.S.Ramasamy Director of Vaso Meditech Pvt Ltd.



**Dr.S.Ramasamy measuring Central Blood Pressure for Health Minister V.C.Veeramani  
Standing next to Health Minister is Dr. V. Kanagasabai.**

**About Us:**

Vaso-Meditech Pvt Ltd company was incorporated on 2001 is an exclusive distributor for Vasomedical Non-Invasive cardiac treatment Enhanced External Counterpulsation and Atcor Medical Non-Invasive central blood pressure and arterial age assessing device SphygmoCor. Vaso-Meditech has established service and clinical network across India to support the products technically and clinically. The company has supported publication of various research articles in major peer review journal in India and abroad. The Company also provides other noninvasive medical equipment including Holter monitors and 24 Hr ambulatory blood pressure monitors. Additional information is available on the Company's website at [www.vasomeditech.com](http://www.vasomeditech.com), [www.healurheart.com](http://www.healurheart.com)

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